

Ready for School. Set for Life.

Partnering with parents and families to help all children stay healthy and succeed in school.



Parent Guide to First Things First Funded Programs

Contact

Are you a parent or caregiver looking for resources and support?

Southwest Human Development
(602) 427-4682

Healthy Families

A voluntary home visitation program that will provide support to at-risk prenatal families and families with newborns younger than 3 months up to 5 years. Gives young children stronger, more supportive relationships with their parents through in-home services on a variety of topics, including parenting skills, early childhood development, literacy, etc. Connects parents with community resources to help them better support their child's health and early learning.

Do you have parenting questions, or need advice?

1-877-705-KIDS

Birth to Five Helpline

Helps families with young children get free answers to their toughest parenting questions

Are you looking for pregnancy support services?

Access and Awareness of Early Prenatal Care

- Increases refugee access to prenatal care to promote healthy pregnancies and good birth outcomes through home visits and pre/post natal education.

International Rescue Committee
(602) 433-2440 ext. 214

Prenatal Outreach- Healthy Start program

- Focuses on home and community-based pre/postnatal services to increase healthy pregnancies and good birth outcomes, as well as general health, safety, injury prevention and successful attachment of parents with their babies.

Maricopa County Department of Health
(602) 304-1166 ext. 204

Pre – Post natal Outreach - Internatal Care Clinic

- If you had difficult or high risk pregnancy, the clinic offers pre and post natal care by reaching women between pregnancies offering health care information and assisting them with individually tailored programs to help reduce chronic health conditions before their next pregnancy.

Maricopa Integrated Health Systems
(602) 344-2621

Do you want information about your child's physical or oral health?

Health Coordination

- Improves children's health care and future development by ensuring they have a regular source of care.
- Care Connect: outreach services for at-risk and vulnerable children and their families. Improves children's health care and future development by ensuring they have a regular source of care.

International Rescue Committee

(602) 433-244 ext. 214

Phoenix Children's Hospital

(602) 546-0994

Do you need to keep you or your child safe?

Crisis Intervention

- Helps stabilize families with kids' birth to 5 whose children face significant behavioral, developmental or mental health issues.

Injury Prevention (vehicle safety)

- KISS (Kids & Infants Seated Safely) Program – Provides training to child care center staff, teachers, and case workers to become certified Child Passenger Safety Technicians.

Injury Prevention (home safety)

- Reduces common preventable injuries in children 5 and younger.

Crisis Nursery Inc.

(602) 273-7363

Maricopa Co. Department of Public Health

(602) 372-4458

Maricopa Integrated Health Services

(602) 344-2621

Do you need information about your child's special needs?

Inclusion of Children with Special Needs

- Provides coaching, group activities and services to the parents of children with special needs. Services are designed to help their child reach his/her fullest potential.

Southwest Human Development

(602) 266-3065 ext. 5070

Want to see how reading and play can help your child learn?

Success Through Literacy Program

- Helps Homeward Bound's enrolled parents as well as other families with young children in the surrounding central and northern regions support their young child's love of words and books.

Raising a Reader

- Engages parents in a routine of reading daily to and with their children.

Homeward Bound

(602) 374-8757

Southwest Human Development

(602) 266-5976 ext. 8749

First Things First Central Phoenix Regional Partnership Council

For more information contact:

Brooke Toles-Johnson, Regional Director at bjohnson@azftf.gov or

Susana Ibarra, Community Outreach Coordinator at sibarra@azftf.gov or 602-771-5049

Central Phoenix ZIP Codes

85003 85004 85006 85007 85008

85012 85013 85014 85015 85016

85017 85018 85019 85034